Tuesday, June 30

Le Petit Journal du Congrès
LE QUOTIDIEN DU MEDECIN

Editorial

Welcome to the WONCA Europe Conference

Twenty years after its last Paris edition, the WONCA Europe Conference returns to Paris, bringing together the European community of general practice and primary care.

At the Palais des Congrès de Paris, general practitioners, teachers, researchers, residents, young doctors and healthcare professionals from across Europe—and beyond—will gather to share scientific advances, exchange experiences and explore new perspectives for our discipline.

This edition will also provide an opportunity to discover the richness of WONCA Europe and its networks: EGPRN for research, EQuiP for quality, EURACT for education, EURIPA for rural practice, EUROPREV for prevention, EYFDM for young doctors, as well as its many Special Interest Groups dedicated to topics such as physicians' health, social prescribing, chronic diseases, cardiovascular, respiratory and infectious health, immunity, allergies and diabetes. A Theme Inspired by France's National Motto. Liberty, Equity, Fraternity: these three words resonate deeply with general practice.

- **Liberty** to prescribe, to choose where and how to practise, to make decisions, to decline when necessary, and to protect one's own wellbeing.
- **Equity** in access to healthcare, prevention, treatments and scientific knowledge.
- **Fraternity** through interprofessional collaboration, local healthcare organisations, solidarity within our health systems, diversity of practice settings and a commitment to planetary health.

Most of the major transformations affecting general practice today—access to care, population ageing, chronic diseases, mental health, ecological transition, digital health and artificial intelligence—are shared challenges across Europe.

With more than 200 scientific sessions, the conference will offer a vibrant overview of primary care in Europe, combining academic expertise, research presentations, practical experiences and peer-to-peer exchanges.

Our ambition is to make the WONCA Europe Conference 2026 a landmark event for sharing knowledge, advancing science and strengthening cooperation, while also creating a welcoming, friendly and memorable experience for all attendees.

We warmly welcome you to Paris for this exceptional gathering. May these four days be marked by our shared ambition: to promote a better general practice, delivered by fulfilled and happy family doctors.

Pr Paul Frappé, *President of the Host Organizing committee*
Dr Cyril Bègue, *President of the Host Organizing committee*
Dr Sophie Sun, *President of the Scientific committee*
Dr Pauline Girard, *President of the Scientific committee*

Wonca Europe Conference Statement

Liberté, Égalité, Fraternité: the pillars of general practice

"*By placing the individual at the heart of care, contributing to equitable health systems and fostering solidarity between professions, communities and countries*", general practice *"embodies"* the French values: Liberté, Égalité, Fraternité: *"These are essential values, regardless of the context or the country in which we practice,"* emphasises the family doctor community in the WONCA Europe Conference Statement.

Liberté (Freedom) means that both patients and general practitioners are free to make informed and shared decisions. The statement notes the importance for the discipline of *"having the freedom to conduct and direct its own training, clinical research and professional development activities"*.

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When it comes to Égalité (Equality, Equity) – a core value for access to healthcare – GPs are calling on policymakers, as well as their colleagues, to *"continue to tackle inequalities in healthcare, whether economic, geographic or cultural, by strengthening universal health coverage and improving accessibility for marginalised groups"*. Equity also applies to the speciality itself, which should receive the same consideration and funding as other medical disciplines.

Finally, Fraternité (Solidarity) *"reflects the spirit of collaboration and unity essential to high-quality primary care, bringing together colleagues from all backgrounds"*. The WONCA Europe Conference Statement thus advocates for work in multidisciplinary teams, as well as collaboration with patients that takes social determinants of health into account.

An Evening at the Louvre

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Stroll past *the Venus de Milo*, Leonardo da Vinci's *Mona Lisa*, Eugène Delacroix's *Liberty Leading the People*, and *the Winged Victory of Samothrace*... The iconic Louvre Museum is opening its doors to WONCA Europe for a private tour this evening. Participants will have the chance to explore the collection of over 500,000 works, including paintings, sculptures, drawings, ceramics, and archaeological objects, spanning from antiquity to the 19th century.

The sélection of the « Quotidien »

• Organisation of Care - Exercise

What Role Will Home Visits Play in 2026?

Organized by SOS Médecins France, this workshop is part of a collective reflection on a fundamental yet steadily declining practice: the home visit. It will begin with a review of the current state of home visits in France and internationally. What role will this practice play in the future, and what experiences can be shared? Two areas will be explored in depth: training students on home visits and for on-call care. Concrete avenues for networking will be discussed.

12:30 pm - 1:30 pm, room 361

• In Practice

What exactly is a practice improvement group?

"Private practice can lead to isolation and hinder the literature review necessary for good medical practice." It was based on this observation that quality groups emerged in certain French regions in the early 2000s. Numbering 137 with nearly 1,500 participating physicians, they are now being rolled out nationwide under the name Practice Improvement Groups (GAP). But what is their purpose? How are they organized? Following a presentation of the system, which exists in many countries, the workshop will feature a role-playing exercise around the theme of women's health after age 45. With the help of facilitators trained in the methodology, participants will be able to discuss clinical situations.

12:30 pm - 1:30 pm, room 364

• Digital Innovation

A Tool for In-Consultation Research

The National College of General Practitioner Teachers (CNGE) will present EBiM, a specialized chatbot designed for rapid in-consultation research. EBiM offers the ability to conduct, through a single tool, the searches typically performed during consultations via various channels. Recommendations, medication precautions, medical information, the latest literature data, and more can be queried via this artificial intelligence assistant, which draws on a limited dataset validated by a Scientific Advisory Board. This session will also provide an opportunity to review the uses of artificial intelligence in general practice, the possibilities it offers as well as its limitations, and ethical implications.

1:30 pm - 2:30 pm, room 341

• Research

Primary Care Research in Search of a Framework

How is it done elsewhere? While efforts are underway in France to define a national policy for the development of primary care research, the Society for General Practitioner Therapeutic Training (SFTG) invites reflection on this topic, drawing on the experience of our European neighbors. Beyond academic research, driven by the increasing academicization of general practice, what role is there for action research originating from primary care settings? How can we foster organisational innovation and its evaluation? During a workshop, participants will have the opportunity to share examples of initiatives undertaken in their respective countries and discuss the obstacles and success factors identified.

1:30 pm – 2:30 pm, Room 361

• Society

Combating misinformation in consultation

When faced with a patient whose understanding is shaped by misinformation from social media, GPs may find it difficult to counter these beliefs effectively. Drs Bonneau and Chouquet will present tools designed to equip doctors, notably using the 'sandwich' method (starting by presenting the truth, then identifying the falsehood before returning to the truth). They will also explain the techniques and strategies used in short social media videos to spread false information. This workshop is organised by members of the Reagjir union for young GPs, building on the TikTok and Instagram videos produced by several of its members to refute the most widespread disinformation.

2:30 pm – 3:30 pm, Room 343

• GUEST

Dr E. Prothon
Chair of the EYFDM Scientific Committee

Pre-conference of the European Young Family Doctors Movement (EYFDM)
June 29 and 30

What is the purpose of EYFDM?
We have brought together 350 participants from across Europe. The central theme is "the anatomy of a general practitioner": what skills must be developed to meet the challenges of the profession?
We prioritized hands-on workshops and presentations led by young doctors, focusing on topics such as the doctor-patient relationship, digital health, and setting up a practice.
The richness of the event clearly stems from its European dimension.

What stood out to you from the discussions among young European doctors?
Despite differences in healthcare systems, many concerns are shared. The issue of global health emerged.
Others addressed the inclusion of LGBT+ patients, non-pharmacological therapies for treating insomnia...
One message ran through our discussions: the general practitioner is not merely a primary care provider. They are also a key player in prevention, a care coordinator, and a professional capable of navigating major societal transformations.