



## **19th WONCA Europe Conference**

**2 – 5 July 2014 - Lisbon, Portugal**

### **“New Routes for General Practice and Family Medicine”**

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SCIENTIFIC SECRETARIAT

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## **OFFICIAL AGENCY**

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## **Conference Venue**

Lisbon Congress Centre

Praça das Industrias

Lisboa

# Scientific Programme

**Wednesday, 2 July**

**15:30 - 17:00**

## **Workshops**

### **Minor Surgical Procedures In Primary Care**

Ana Matos - USF Oeiras, Portugal; Andreia Castro - USF Conde de Oeiras, Portugal; Joana Azeredo - USF S. Julião, Portugal; Ricardo Marques - Serviço de Cirurgia Geral, Hospital Egas Moniz, Centro Hospitalar Lisboa Ocidental, Portugal.

### **Benefits and harms of general health checks - lifelong learning in general practice: how to read and use scientific literature**

John Brodersen - The Research Unit and Section of General Practice, University of Copenhagen, Denmark; Bruno Heleno - The Research Unit and Section of General Practice Department of Public Health, Faculty of Health Sciences, University of Copenhagen, Denmark; Mie Hestbech - The Research Unit and Section of General Practice Department of Public Health, Faculty of Health Sciences, University of Copenhagen, Denmark; Jakob Fraes Rasmussen, Denmark; Juha Liira - Finnish Institute of Occupational Health, Finland; Helena Liira - University of Tampere), Denmark.

### **Supporting communication in cross-cultural primary care consultations: how to implement guidelines and training initiatives across Europe**

Christopher Dowrick - University of Liverpool, UK; Christos Lionis - Wonca Working Party on Research, University of Crete, Greece; Maria van den Muijsenbergh - Radboud University Medical Center, Department of Primary and Community Care, Nijmegen, Netherlands.

**Movies to promote clinical empathy: from emotions to attitudes through reflection. A Faculty Development**

Pablo G. Blasco - SOBRAMFA Medical Education & Humanism, Brasil;  
Graziela Moreto - SOBRAMFA, Brasil; Marcelo Levites - SOBRAMFA, Brasil;  
Marco Aurelio Janaudis - SOBRAMFA, Brasil.

**Genetics in General Practice: integrating oncogenetics in dailyGP routine**

Ingrid van der Heijden - Maastricht, Netherlands

**flexibility in general practice**

Cassian Minguet - Brussels, Belgium

**Empowering family doctors to reinvent their careers using the Theory of Optimising Professional Life**

Lesley Piko - Australian National University, Australia; Karen Flegg - WONCA editor, Australia; Amanda Howe - RCGP , UK; Carlos Canhota - USF S. Julião, Oeiras, Portugal

**17:30- 19:30**

**OPENING CEREMONY**

**Plenary lecture**

**Orchestrating Medicine**

Joana Carneiro

Music Director

**Thursday, 3 July**

**9:00 – 10:30**

**WONCA ON COMMUNICABLE DISEASES SPECIAL INTEREST GROUP**

**New models to improve delivery of care to patients**

**With chronic diseases**

The aim of the panel is to highlight primary care innovations as new teams or other that can improve results in managing chronic conditions.

Chair: Domingo Orozco-Beltran. Vice President of the Spanish Society of Family and Community Medicine (semFYC)

**Innovative models of care for chronic conditions**

Dr. Rafael Bengoa - Ex-coordinator for Non-Communicable Diseases. W.H.O. Europe Region. Ex- Ministry of Health - Basque Country, Spain. Adviser on Health Affairs of the American Health Reform (President Obama). Visiting Professor if ESADE, Universidad Ramón Llull (Barcelona, Madrid),

**Effectiveness of interventions in patients with multimorbidity in primary care.**

Prof. Susan M Smith. Associate Professor of General Practice Department of General Practice, Royal College of Surgeons, Dublin, Ireland.

**WONCA SPECIAL INTEREST GROUP**

**CANCER & PALLIATIVE CARE**

**Latest evidence in early diagnosis, screening and survivorship**

Chair: David Weller, Centre for Population Health Sciences, University of Edinburgh, United Kingdom

Participants: Annette J. Berendsen, University of Groningen, University Medical Center Groningen, the Netherlands and Peter Vedsted, Research Centre for Cancer Diagnosis in Primary Care, Aarhus University, Denmark

**9:00 – 10:30**

**Workshops**

**RISKASSESSMENT AND MANAGEMENT IN PRIMARY CARE FOR FAMILY AND GENDER VIOLENCE**

Lodewijk Pas - Belgium; M<sup>a</sup> Carmen Fernandez-Alonso - Gerencia Regional de Salud Castilla y Leon, Spain; Mateja Bulc – Slovenia; Raquel Gomez Bravo – SemFYC, Spain; Nena Gucek (University of Ljubljana, Slovenia; Sameena Shah - Wonca Working Party Women in Family Medicine, Afghanistan; Omneya Ezzat - University Cairo, Egypt; HAGIT Dascal Weichendler - Department of Family Medicine, Clalit Health Services, Haifa and West Galilee District & Rappaport School of Medicine, Technion, Israel; SARA BELINCHON - SAR Ciempozuelos, Madrid, Spain.

**Starting a National Establishing GP Network: The Vasco da Gama Movement Recipe**

Ronen Brand - Clalit Health Services, Israel; Christopher Patrick Reichel - Austrian Association of Young GPs, Vienna, Austria; Raquel Gomez Bravo, Spain; Renata Pavlov - Family Medicine Practice, Zagreb, Croatia; Peter Sloane - The Irish College of General Practitioners, Lincoln Place, Dublin, Ireland.

## **Do we have a local medical heritage to defend against globalization?**

Daniel Widmer - Switzerland; Patrick Ouvrard Angers & Paris, France; Ilario Rossi - University Lausanne, Switzerland; Lilli Herzig - Institut Universitaire de médecine générale, Lausanne, Switzerland.

## **Patient-centred care with teamwork, Case Potku-project (Potilas Kuskin Paikalle-Putting the Patient on Driver's Seat)**

Risto Kuronen - Primary Health Care Unit of Päijät-Häme, Finland; Liisa Länsipuro - City of Tampere, Finland; Jukka Karjalainen - City of Tampere, Finland; Raimo Rintala - Primary Health Care District, Kauhava, Finland.

## **If telemedicine is the answer to rural health, what are the questions?**

Zalika Klemenc-Ketis, Slovenia; John Wynn-Jones, UK; Tanja Pekez-Pavlisko, Croatia; Janko Kersnik, Slovenia.

## **Audit of substance user personal experience of overdose, and need for resuscitation skills education**

John Aidan Horan, Ireland; Conor Deasy - Cork University Hospital, Ireland; Kieran Henry - HSE South Ambulance Service, Cork, Ireland; Declan O'Brien - Arbour House Addiction Clinic, Ireland; Donal Coffey - Simon Community, Ireland.

## **How to teach flexibility in general practice**

Marco Schetgen - ULB Brussel, Belgium.

## **Primary Care teams and General Practice: The role of the Practice Assistant**

Anna Stavdal - University of Oslo/ Bolteløkka legesenter, Norway; Nena Gucek - University of Ljubljana, Slovenia; Diederik Aarendonk - EFPC, Netherlands.

## **Spirometry in the General Practice Setting**

Jim Reid - New Zealand; Miguel Roman-Rodriguez - Spain; Svein Hoegh Henrichsen - Norway; Jaime Correia de Sousa - USF Horizonte, Portugal; Ioanna Tsiligianni - Netherlands.

**10:30 – 11:00**

**Keynote Lecture**  
**Making patients better**

**Margaret McCartney**

GP in Glasgow.

Author of

“The Patient Paradox, why sexed up medicine is bad for your health”

**11:30 – 13:00**

**Qualicopc symposium**  
**In international comparison of general practice in Europe, Australia,  
Canada and New Zealand**

Chair: Luis Pisco, ARS LVT, Portugal

**Variation of general practice in Europe, Australia, Canada and New Zealand**

*Authors: Schäfer WLA\*<sup>1</sup>, Groenewegen PP<sup>1</sup>, Schellevis FG<sup>1</sup>, Heinemann S<sup>2</sup>, Greß S<sup>2</sup>, Boerma WGW<sup>1</sup>*

<sup>1</sup>NIVEL, the Netherlands Institute for Health Services Research, Utrecht, the Netherlands

<sup>2</sup>Hochschule Fulda, University of Applied Sciences, Germany

\*Presenting author: Schäfer WLA

***The use of basic ICT in primary care. Comparison among QUALICOPC countries***

*Authors: De Rosis S<sup>\*1</sup>, Seghieri C<sup>1</sup>*

<sup>1</sup>Laboratorio Management e Sanità, Istituto di Management, Scuola Superiore Sant'Anna, Pisa, Italy

\*Presenting author: De Rosis, S

***How does the structure of Primary care systems influence their responsiveness? 34 country performances in comparison***

*Authors: Murante AM<sup>\*1</sup>, Seghieri C<sup>1</sup>, Vainieri M<sup>1</sup>, Schäfer WLA<sup>2</sup>*



<sup>1</sup>Laboratorio Management e Sanità, Istituto di Management, Scuola Superiore Sant'Anna, Pisa, Italy

<sup>2</sup>NIVEL, the Netherlands Institute for Health Services Research, Utrecht, the Netherlands

\*Presenting author: Murante A.M.

**WONCA WORKING PARTY ON ETHICS IN PRIMARY CARE**  
**Challenges to our professional attitudes – use and misuse of**  
**remuneration systems and financial incentives for doctors**

Chair: Manfred Maier, MD. Dept. General Practice, Center for Public Health, Medical University of Vienna

Participants: Cor Spreeuwenberg, NEL, Carl Steylaerts, BEL, Ulrich Busch, AUT, Imre Rurik, HUN.

**11:30 – 13:00**

**Workshops**

**Screening evidence and wishful thinking – a EUROPREV workshop about quaternary prevention in general practice**

Carlos Martins - Family Medicine Unit, Social Sciences and Health Department of the Faculty of Medicine of Porto, Portugal; Bruno Heleno - The Research Unit and Section of General Practice Department of Public Health, Faculty of Health Sciences, University of Copenhagen, Denmark; Mie Hestbech - The Research Unit and Section of General Practice Department of Public Health, Faculty of Health Sciences, University of Copenhagen, Denmark; John Brodersen - The Research Unit and Section of General Practice Department of Public Health, Faculty of Health Sciences, University of Copenhagen, Denmark.

**Infant pain assessment: A guide for the family physician**

Nuno Ferreira - Serviço de Pediatria do CHTS - Portugal; Ana Isabel Penas - USF Baltar – Portugal.

**COPD: Early detection and management of stable disease and exacerbations**

Jim Reid – New Zealand; Miguel Roman-Rodriguez, Spain; Svein Hoegh Henrichsen

– Norway; Jaime Correia de Sousa - USF Horizonte, Portugal; Ioanna Tsiligianni - Netherlands.

**Collaborative studies with EGPRN how could you do it using the FPDM (Family practice depression and Multimorbidity) study as a framework?**

Jean Yves le Reste – Lanmeur, France; Patrice Nabbe - Plouneour Trez, France; Slawomir Czachowski - Torun University, Poland; Djurdjica Lazic - Zagreb University, Croatia; FPDM working group EGPRN – Europe.

**Patient safety culture interventions in general practice**

Natasha Verbakel - Julius Center, University Medical Center Utrecht, Netherlands; Dorien Zwart - Julius Center, University Medical Center Utrecht, Netherlands.

**Primary care for migrants in times of crisis. Workshop by the WONCA SIG on migrant care, international health and travel medicine**

Maria van den Muijsenbergh - Radboud University Medical Center, Department of Primary and Community Care, Nijmegen and Pharos, knowledge centre on migrant care Utrecht, Netherlands; Christos Lionis - Wonca Working Party on Research, University of Crete, Greece; Marwa Ahmed – London, UK; Adem Ozkara - Hitit University Medical Faculty, Department of Family Medicine, Turkey; Patrick O'Donnell - Graduate Entry Medical School, University of Limerick, Ireland; Chris Dowrick - Professor of Primary Medical Care University of Liverpool, UK; Suzanne Gagnon - Family Medicine and Emergency Medicine Department, Université Laval, Clinique santé des réfugiés, CSSS de la Vieille-Capitale, Québec, Canada; Sylvia Mennink - GP practice Working party Dutch GP and International Health, Netherlands; O Oggi - GP Atlanta; Guus Busser - GP Vocational training Nijmegen, Netherlands; Eldine Oosterberg - GP den Bosch, Dutch College of General Practitioners NHG, Utrecht; Netherlands.

**Workshop on rational referral of patients with Cardiovascular Disease/problems to secondary care**

Carolina Resende – Lisboa, Portugal; Carlos Canhota - USF S. Julião, Oeiras, Portugal; Maria Helena Febra - USF S Julião, Oeiras, Portugal; Helena Oliveira - SAMS, Lisboa, Portugal; Paula Nunes Oliveira - USF. S. Julião, Portugal; Teresa Libório – Portugal.

### **Appraising expert teachers in Europe**

Adam Windak - Poland; Justin Allen - EURACT; Zalika Klemenc-Ketis - Slovenia; Søren Olsson - Denmark; Katarzyna Dubas - Jagiellonian University Medical College, Poland.

### **10 years of Vasco da Gama Movement – Where do we come from and where will we go? The VdGM general meeting**

Charilaos (Harris) Lygidakis - VdGM; Tobias Freund - Germany; Martin Sattler - Luxembourg; Persijn Honkoop - Netherlands; Sara Rigon - New Zealand; Raluca Zoitanu - Romania; Raquel Gomez Bravo – SemFYC; Spain; Zuzana Švadlenková - Czech Republic; Catarina Matias - Centro de Saúde de Eiras, Portugal.

**14.30 – 15:00**

#### **Keynote Lecture**

#### **Innovation in GP/FM and primary care.**

**Michael Kidd**

Family doctor.

Primary care researcher and medical educator.

President of the World Organization of Family Doctors (WONCA).

**15:00 – 16:30**

#### **Health inequalities related to socio-economic status: how primary care may reduce them**

Chair: Isabel Santos, Head of the Department of Family Medicine, NOVA Medical School.

Participants: Hector Falcoff – Paris, France; Dorothée Rambaud – Paris, France; Isabelle DUPIE - France; Sara Willems – Gent, Belgium

**15:00 – 16:30**

#### **WONCA Europe - Open meeting**

**15:00 – 16:30**

## **Workshops**

### **ETHICAL DILEMMAS IN GENERAL PRACTICE / FM - A WORKSHOP**

Manfred Maier - Med. Univ. Vienna, Austria

#### **Balint workshop**

Manuel Sousa - USF Espinho, Portugal; Jorge Brandão – Amadora, Portugal; Ana Margarida Cruz – Portugal

### **Vasco da Gama Movement Exchange Workshop: Hippocrates and other VdGM and Global exchange Programmes**

Sara Rigon - The Doctors, Hastings, UK; Ana Nunes Barata - USF Amora Saudável, Portugal; Anna Pawelec - Vasco da Gama Movement, Krakov, Poland; Ignacio Borque Roda - Centro de salud Torito, Madrid, Spain; Rosa Avino - Italy; Juan María Rodríguez Martínez - Centro de Salud Cartuja Granada Andalucía, Spain; Karina Heleniak - Vasco da Gama Movement, Rouen, France; Enrique Alvarez Porta - Es Coll d'en Rabassa Health Center, Palma de Mallorca, Spain; Ronen Brand - Clalit Health Services, Israel; Peter Sloane - The Irish College of General Practitioners, Dublin, Ireland); Raquel Gomez Bravo – SemFYC, Spain; Per Kallestrup - University of Aarhus, Denmark

#### **Evidence based medicine teaching, making it fun**

Charles Helsper - UMC Utrecht, Netherlands; Marlous Kortekaas - UMC Utrecht, Netherlands; Marie-Louise Bartelink - UMC Utrecht, Netherlands; Roger A.M.J. Damoiseaux - Department of General Practice, Julius Center for Health Sciences and Primary Care, University Medical Center Utrecht, Netherlands

#### **Implementing the learning health care system**

Robert Verheij - NIVEL, Netherlands Institute for Health Services Research, Netherlands; Di-Janne Barten – NIVEL, Netherlands; Karin Hek – NIVEL, Netherlands; Mark Nielen – NIVEL, Netherlands; Marijn Prins – NIVEL, Netherlands; Marieke Zwaanswijk – NIVEL, Netherlands; Dinny de Bakker – NIVEL, Netherlands

### **Developing practice-based research networks in rural Europe: the joint work between EURIPA/EGPRN.**

Christos Lionis - Wonca Working Party on Research, University of Crete, Greece; Nicola Buono - Italy; Jean-Pierre JACQUET - France; Zalika Klemenc-Ketiš - Department of Family Medicine, Medical School, University of Maribor, Maribor, Slovenia; Donata Kurpas - Family Medicine Department, Wroclaw Medical University, Poland; Jose M Lopez-Abuin - Spain; Ferdinando Petrazzuoli - Ruviano (CE), Italy; Jean Karl Soler - Specialist in Family Medicine and Occupational Medicine

### **League of Health Education: the Extension an Popular Education experience in medical education**

Mayara Floss - Brazil; Roberto Conter Tavares - Universidade Federal do Rio Grande, Brazil ; Clarissa Resende Côrrea - Universidade Federal do Rio Grande, Brazil; Arnildo Dutra de Miranda Júnior - Universidade Federal do Rio Grande, Brazil

### **The Practical Application of Cognitive Behaviour Therapy in GP Clinical Practice**

Enda Murphy - Asst, Programme Director, Specialist GP training Scheme, Health Service Executive, Ireland

### **CVD prevention with focus on physical activity in general practice in Europe: a EUROPREV workshop**

Thomas Ernst Dorner - Centre for Public Health, Medical University Vienna, Austria; Ton Drenthen - Prevention and Patient Education, Dutch College of GPs, Utrecht, Netherlands; Dominique Durrer - Prevention and Patient Education, Society of Swiss Family physicians, Vevey, Switzerland; Mateja Bulc - Prevention, Society of Slovene family physicians, Ljubljana, Slovenia

**17:00 – 18:30**

### **WONCA ENVIRONMENTAL WORKING PARTY**

**“DOCUMEDUCATION” - teaching and learning family medicine with documentary films**

Chair: Prof Grant Blashki, Institute for Global Health, The University of Melbourne, Melbourne School of Population

Participants: Sylviane Gindrat - Bern; Bruno Kissling - Bern; Elisabeth Bandi-Ott - Institute of Family Medicine, University of Zürich; Thomas Bischoff - Institute of Family Medicine, University of Lausanne; Pablo G. Blasco - SOBRAMFA Medical Education & Humanism; Zalika Klemenc-Ketiš - Department of Family Medicine, University of Maribor; Gabriela Rohrer - Bern

**17:00 – 18:30**

### **Workshops**

#### **Successfully introducing the concept of family medicine in countries with a healthcare system centred around primary health care centers.**

Johannes Mulder - Directorate General of Health / Family Medicine program – Duhok / Kurdistan Region of Iraq, Consultant Family Medicine/General Practitioner BC, Hattem, Netherlands; Rajab Sanaan - Directorate General of Health / Family Medicine program – Duhok / Kurdistan Region of Iraq, Consultant Family Medicine/General Practitioner BC, Kampen, Netherlands; Ary Habeeb - Directorate General of Health / Family Medicine program – Duhok / Kurdistan Region of Iraq; Nezar Ismet - Directorate General of Health / Family Medicine program – Duhok / Kurdistan Region of Iraq

#### **Are GPs immune to burnout? How can a Balint group be preventive?**

Philippe GUILLOU - Université de Strasbourg, France; Marie-Frédérique BACQUÉ Université de Strasbourg, France

#### **How to Be the "Best" Doctor**

Robert Bratton - Lexington Clinic

#### **European Forum for Primary Care (EFPC) Workshop on implementation of preconception care in primary health care**

Diederik Aarendonk - EFPC; Denhard Smit, de - MediClara; Arzu Uzuner - Marmara University; Mehmet Akman - Marmara University; Lieke Jong de, Potjer - SGZ Zoetermeer

## **How to get the best Accreditation for GP's: Innovation is needed!**

Carl Steylaerts – Belgium

## **Medical Leadership - a Competency for GPs**

Sietse Wieringa - UK; Claire Thomas; Renee Weersma

## **Role model learning in medical students: Get the best out of yourself!**

Pieter Barnhoorn - Department of Public Health and Primary Care, Leiden University Medical Center, Netherlands; Marleen Ottenhoff - Department of Public Health and Primary Care, Leiden University Medical Center, Netherlands

## **Teaching Quality and EQuIP Summer Schools**

Zalika Klemenc - Slovenia; Christina Svanholm - Zealand, DK; Ana Nunes Barata - USF Amora Saudável, Portugal

## **The Vasco Da Gama Junior Research Award**

Persijn Honkoop - Netherlands; Charilaos (Harris) Lygidakis - VdGM; Tobias Freund - Germany

**Friday, 4 july**

**9:00 – 9:30**

**Keynote Lecture**

**Knowledge management**

**Kamran Abbasi**

BMJ - International and Digital Editor

**9:30 – 11:00**

**Plenary Discussion**

**WONCA SPECIAL INTEREST GROUP IN FAMILY VIOLENCE  
PRIMARY HEALTH CARE STRATEGIES AGAINST FAMILY AND  
GENDER VIOLENCE**

Chair: Dr. Lodewijk Pas, Belgium

Participants: M<sup>a</sup> Carmen Fernandez-Alonso - Gerencia Regional de Salud Castilla y Leon, Spain; HAGIT Dascal Weichendler - Department of Family Medicine, Clalit Health Services, Haifa and West Galilee District & Rappaport School of Medicine, Technion, Israel; Maria Papadakaki - Greece; Mateja Bulc - Slovenia; Nena Gucek - University of Ljubljana, Slovenia; Omneya Ezzat Elsherif - University Cairo, Egypt; Raquel Gomez Bravo - SemFYC, Spain; Sara Belinchon Moyano - SAR Ciempozuelos, Spain; Shah Sameena - Afghanistan

**9:30 – 11:00**

**Plenary Discussion**

**Publication in medical journals: overcoming the difficulties**

Chair: Raquel Braga

**9:30 – 11:00**

**Workshops**

**Multimorbidity – a systems approach**

Joachim Sturmberg - Department of General Practice, Newcastle University, Newcastle - Australia; Rick Botelho - Family physician Rochester

**Childhood Eye Examination in Primary Care**

Sandra Serrão - USF da Sobreda, Portugal; Sofia Figueira - USF S. Julião, Portugal; Cátia Cerqueira - USF Cova da Piedade, Portugal; Ana Nunes Barata - USF Amora Saudável, Portugal

**Supervision of residents and supervisors with a cell phone :  
feedback on verbal and non verbal communication. A Role-playing  
workshop.**

Philippe GUILLOU – Strasbourg, France; Michel LEVEQUE – Strasbourg, France;



Catherine JUNG - Université de Strasbourg, France; Marie-Frédérique BACQUÉ  
Université de Strasbourg, France

### **Towards a collaborative framework for European Primary Care Clinical Trials: prospects and progress**

Catherine Enters-Weijnen – Zeist, Netherlands; Paul Wallace – London, UK; Niek  
de Wit – Utrecht, Netherlands; Richard Hobbs - Oxford University, UK; Diederick  
E. Grobbee – Utrecht, Netherlands

### **Converging Technology and Primary Care: The Future, Now**

Charilaos (Harris) Lygidakis - Vasco da Gama Movement; Ana Nunes Barata - USF  
Amora Saudável, Portugal; Raquel Gomez Bravo – SemFYC, Spain; Raluca Zoitanu  
- Romania; Peter Sloane - The Irish College of General Practitioners, Dublin,  
Ireland; Nikos Papachristou - Imperial College London, UK; Ulrik Kirk - Danish  
College of General Practitioners, Copenhagen, Denmark

### **Health without Growth: Do we still need economic growth to stay healthy or are we at saturation point?**

Sietse Wieringa - UK; Luisa Pettigrew - UK; Greg Irving - UK; Stephanie  
Kumpunen - UK

### **An update on hypertension - what do we need to know in 2014?**

Richard Hobbs - Oxford University, UK; Geert-Jan Geersing - Utrecht University,  
Netherlands; Monika Hollander

### **INTERVENTIONS IN MENTAL HEALTH COLLABORATIVE CARE IN SOCIALY DEPRIVED AREAS**

Sandra Fortes - UERJ; ALICE MENEZES - UERJ - LIPAPS; Karen Athie -  
LIPAPS/University of Rio de Janeiro State, Brazil; Angela Machado da Silva - Rio  
de Janeiro State University, Brazil; Christopher Dowrick - University of Liverpool,  
UK

### **Breaking bad news in General Practice**

Leonor Troni - USF Rodrigues Migueis, Portugal; Vanessa Carvalho - USF Sobreda,  
Portugal; Nuno Monteiro - USF Locomotiva, Entroncamento, Portugal

**11:30 – 13:00**

**Plenary Discussion**

**WONCA Working Party on Research panel project**

**Organization of the healthcare system in Europe: What facilitates and what impedes the delivery of effective primary care**

Chair: Mehmet Ungan. ANKARA UNIVERSITY MEDICAL SCHOOL DEPT of Family Medicine and WONCA Europa EB and EGPRN EB

**11:30 – 13:00**

**Workshops**

**Peer Health Coaching (Part 1): How Can Leaders Understand the Complexity of Implementing Catalytic Innovations for Population Health Improvement?**

Rick Botelho - Family physician Rochester; Joachim Sturmberg - Department of General Practice, Newcastle University

**Developing Resources to Facilitate the Transition from Training into Established General Practice. Praksis Plus versus NEGs: The Similarities, Differences**

Peter Sloane - The Irish College of General Practitioners, Dublin, Ireland; Ulrik Kirk - Danish College of General Practitioners, Copenhagen, Denmark

**The Canadian Pallium Learning Essential Approaches in Palliative Care (LEAP): A National, Interprofessional Education Initiative for Primary Care**

Jose Pereira - Department of Medicine, University of Ottawa, Canada; Gordon Giddings - Pallium Canada; Nathalie Gravelle-Ray - Pallium Canada; Srinivas Chary - University of Calgary, Canada; Brady Riordan - Pallium Canada; Kathy Logsdail-Downer - Pallium Canada

**Have a health problem - Will fly?**

Rui Pombal - UCS Cuidados Integrados de Saúde (Grupo TAP), Portugal; Anabela Jorge - UCS, SA - Portugal

## **Bibliographic compass**

Ângela Santos Neves - USF Araceti, Portugal; Joana Silva - CS Bidoeira, Portugal; Regina Belo - USF Fernando Namora, Portugal

## **From the Pill to Contraceptive Devices - educacional placement of devices**

Tânia Pereira - USF +Carandá, Portugal; Babila Carvalho - USF Gualtar, Braga, Portugal; Carlos Afonso - UCSP Infias, Portugal; Eduardo Ferreira - USF Gualtar, Braga, Portugal

## **What do we need to know on thromboembolic risk and anticoagulation**

Richard Hobbs - Oxford University, UK ; Geert-Jan Geersing - Utrecht University, Netherlands; David Fitzmaurice - University of Birmingham, UK; Carlos Brotons

## **UPDATE ON GENERAL PRACTICE INVOLVEMENT IN EARLY DETECTION AND COUNSELING FOR ALCOHOL PROBLEMS – EUROPREV WORKSHOP**

Lodewijk Pas - Belgium; Peter Anderson - Substance Use, Policy and Practice, Institute of Health and Society, Newcastle University, England, Alcohol and Health, Faculty of Health, Medicine and Life Sciences, Maastricht University; Tom Defiliet - Association for Alcohol - and other Drug Problems

## **Can we improve low back pain management?**

Jose-Miguel Bueno-Ortiz – Centro de Salud de Fuente Alamo, Murcia, Spain; Jose-Antonio Garcia-Garceran - Centro de Salud de Santa Lucia de Cartagena, Spain; Alberto Palacios-Colom – Centro de Salud de Fuente Alamo, Murcia, Spain; Fernando-Jose Rodriguez-Martinez - Hospital Universitario de Santa Lucía de Cartagena, Spain; Noemi del Cerro - Hospital Universitario de Santa Lucía de Cartagena, Spain; Juan Reyes-Jimenez - Hospital Universitario de Santa Lucía de Cartagena, Spain; Juan-Francisco Mulero-Cervantes - Hospital Universitario de Santa Lucía de Cartagena; Mari Carmen Santiago García - Gerencia Hospital Universitario de Santa Lucía de Cartagen, Spain; Josefa Alonso-Saenz-de-Miera - Gerencia Hospital Universitario de Santa Lucía de Cartagena, Spain; Alberto Barragan-Perez - Gerencia Hospital Universitario de Santa Lucía de Cartagena, Spain; Orozco-Beltrán Domingo - Universidad Miguel Hernández, Alicante, Spain; Josep Basora- Gallisa - SPANISH SOCIETY OF FAMILY AND COMMUNITY MEDICINE; Ana-Maria Gomez-Vizcaino - Centro Salud Mazarrón- Murcia, Spain; Esther Garcia-Delgado - Hospital Universitario de Santa Lucía de Cartagena, Spain; Jose-Enrique

Picher-Vidal - Gerencia Hospital Universitario de Santa Lucía de Cartagena, Spain;  
Rafael Luquin-Martínez - Health Center Cartagena-Oeste, Spain

**14.30 – 15:00**

### **Keynote Lecture**

#### **Body and words in the consultation**

**Carl Edvard Rudebeck**

Specialist in general practice in Västervik, Sweden. Research supervisor in Kalmar county, Sweden. Professor in general practice at the Department for Community Medicine, University of Tromsø, Norway.

**15.00 – 16:30**

#### **Family practitioners in the field: environmental stories from across the globe**

##### **WONCA Environmental Working Party**

Chair: Grant Blashki – Institute for Global Health, Melbourne University, Australia.  
Participants: Alan Abelsohn - University of Toronto, Canada; Margot Parkes-Canada; Karen Flegg - WONCA editor

**15.00 – 16:30**

### **Workshops**

#### **Peer Health Coaching (Part 2): How Can Healthy Leaders Lead and Innovate?**

Rick Botelho - Family physician Rochester

#### **How to approach Family violence?**

Raquel Gomez Bravo – SemFYC, Spain; Sara Belinchon Moyano - SAR Ciempozuelos, Madrid, Spain ; Nina Monteiro - USF Porto Centro, Portugal; María Ballarín - health center & hospital, Spain; Rosa Avino; Sara Rigon; Maija Kozlovska; Yusianmar Mariani - USFLethes, Portugal; Ula Chetty; Lodewijk Pas –

Belgium; M<sup>a</sup> Carmen Fernandez-Alonso - Gerencia Regional de Salud Castilla y Leon, Spain; Tanja Pekez-Pavlisko

### **Provision of the healthcare to ethnic minorities and migrants - developing of the model of culturally responsive healthcare in the European Union**

Jáchym Bednář

### **How to Perform and Report a Quality Improvement Cycle in Primary Health Care**

Cecília Shinn - USF S. Julião, Portugal; Liliana Amaral - USF S. Julião, Portugal; Maria João Araújo - USF Conde de Oeiras, Portugal; Matilde Padrão Dias - USF Dafundo, Portugal

### **"Doctor, my father died..." – approaching bereavement**

Carlos Franclim - Unidade de Saúde Familiar São João do Porto, Portugal; Mariana Rio - Unidade de Saúde Familiar São João do Porto, Portugal; Sofia Correia Pinto - USF S. João do Porto, Portugal

### **Snippets, Doodles, Mindmaps and Apps: Pallium Canada's Online Suite of Just-In-Time Learning and Clinical Support for Primary Palliative Care**

Jose Pereira - Department of Medicine, University of Ottawa, Canada; Gordon Giddings - Pallium Canada, Canada; Kathy Logsdail-Downer - Pallium Canada, Canada; Brady Riordan - Pallium Canada, Canada; Nicholas Papiccio - Pallium Canada, Canada; Nathalie Gravelle-Ray - Pallium Canada

### **From research to Elderly Primary Care Program**

Marianne Dees - Nijmegen, Netherlands; Sietske Grol - Radboud University Nijmegen Medical Centre, Nijmegen, Netherlands; Gerard Molleman - Radboud University Nijmegen Medical Centre, Nijmegen, Netherlands; Henk Schers - Radboud University Nijmegen Medical Centre, Nijmegen, Netherlands

### **Developing an interactive e-book and online repository - WONCA World Working Party on Quality and Safety in Family Medicine**

Tina Eriksson - DSAM; Ulrik Lysbæk Kirk - DSAM, EQuIP

## **PARENT-CHILD RELATIONSHIP AND CHILD DEVELOPMENT**

Maria da Luz Fonseca - Departamento de Psiquiatria da Infância e da Adolescência, Centro Hospitalar do Porto, Portugal; Marta Guedes - USF Nova Via, Valadares, Portugal; Filipa Moreira - Departamento de Psiquiatria da Infância e da Adolescência, Centro Hospitalar do Porto, Portugal; Patrícia Mendes - Departamento de Psiquiatria da Infância e da Adolescência, Centro Hospitalar do Porto; Sara Melo - Unidade da Infância e Adolescência do Serviço de Psiquiatria, Centro Hospitalar de Vila Nova de Gaia/Espinho, Portugal; Graça Fernandes - Departamento de Psiquiatria da Infância e da Adolescência, Centro Hospitalar do Porto, Portugal

**17:00 18:30**

### **The harmful use of alcohol and primary health care. Status quo and future priorities. The development of the European Projects.**

Chair: Cristina Ribeiro - MD, PhD, Professor of Family Medicine at the Institute of Preventive Medicine (IMP), Lisbon Faculty of Medicine (FML) and an expert on primary care organization and family doctors education on alcohol abuse and dependency assessment and treatment. Advisor on Family Medicine training contents.

Participants: Bernd Schulte - BISTAIRS PROJECT, Centre for Interdisciplinary Addiction Research, Hamburg University, Germany; Joan Colom Farran - ODHIN Project, Subdirector general de Drogodependències, Barcelona, Spain; Manuel Cardoso - RAHRA, Deputy General- Director, General-Directorate for Intervention on Addictive Behaviours and Dependencies, Lisboa, Portugal; Jorge Barroso Dias - BISTAIRS Expert, Vice-President of the Portuguese Society of Occupational medicine, Portugal; Frederico do Rosário - BISTAIRS Expert, Family Doctor in Tondela, Portugal

**17:00 18:30**

## **Workshops**

### **How to prevent physician burnout in the workplace when you're short on time**

Carla Costa - USF Marginal - ACES de Cascais, Portugal; Filipa Manuel - USF marginal, Portugal; Conceição Silva - USF Marginal, Portugal; Raquel Magalhães - USF Marginal, Portugal; Teves Carreiro - USF Marginal, Portugal;

### **Myofascial pain syndrome: diagnosis and management**

Liliana Rumor - Portugal; Alexandra Fernandes - USF Fernão Ferro mais, Portugal; Vanda Estríbio - USF Servir Saúde - Corroios, Portugal; Joana Paiva - USF Fernão Ferro mais, Portugal;

### **Factors that affect patients' readiness to change lifestyle**

Mateja Bulc; Maciek Godycki - Cwirko - Department of Family and Community Medicine, Medical University of Lodz, Lodz, Poland; Carlos Brotons

### **Don't Miss the Train: Social Media Blowout in Family Medicine**

Peter Sloane - The Irish College of General Practitioners, Dublin, Ireland; Yoav Shomer - Department of Family Medicine, Medical Corps, Israeli Defense Forces, Israel; Charilaos (Harris) Lygidakis; Raluca Zoitanu; Raquel Gomez Bravo - SemFYC, Spain; Ronen Brand - Clalit Health Services; Ulrik Kirk - Danish College of General Practitioners, Copenhagen, Denmark

### **Ease-disease: Intercultural differences in medically unexplained symptoms, tools to improve the understanding of a 'language of distress'**

Eldine Oosterberg - Dutch College of General Practitioners, Utrecht, Netherlands; Vroon Pigmans - Dutch College of General Practitioners, Utrecht, Netherlands

### **Genuine communication in clinical practice – empowering doctors and patients to connect as people in a professional relationship – empathy awareness**

Christoph Klonk; Philip Weber - Boulder Community Hospital

### **“Shoulder in 5 minutes”**

Pedro Mota Costa - Serviço de Ortopedia- Hospital Pedro Hispano ULS Matosinhos, Portugal; Maria Cortês Ferreira - UCSP São Mamede - ULSMatosinhos, Portugal; Ana Sofia Leite Alves - UCSP São Mamede - ULS Matosinhos, Portugal; Camila Mota Neves - UCSP São Mamede - ULSMatosinhos, Portugal; Nuno Camelo Barbosa - Serviço de Ortopedia - Hospital Pedro Hispano ULS Matosinhos, Portugal; Edgar Meira - Serviço de Ortopedia - Hospital Pedro Hispano ULS Matosinhos, Portugal; Joana Cardoso - Serviço de Ortopedia - Hospital Pedro Hispano ULS Matosinhos, Portugal; Teresa Ruano - Serviço de Medicina Física e de Reabilitação, Hospital Pedro Hispano ULS Matosinhos, Portugal;

### **FAMILY VIOLENCE: ELDER ABUSE & NEGLECT – DEALING WITH A RISING PROBLEM IN OUR COMMUNITIES**

Hagit Dascal Weichendler - Department of Family Medicine, Clalit Health Services, Haifa and West Galilee District & Rappaport School of Medicine, Technion, Israel; Shelly Rothschild Meir - Department of Family Medicine, Clalit Health Services, Haifa and West Galilee District & Rappaport School of Medicine, Technion, Israel;

### **Red Roses – Reflecting on real consultations using illustrated vignettes**

Alec Logan - Wishaw Health Centre; Matt Burkes - Bognor Regis; Deborah Swinglehurst - Ipswich and London; Helen Wilson - Glasgow

**Saturday, 5 July**

**9:00 – 10:30**

### **The EURACT Performance Agenda EUPA: Assessing performance in daily general practice**

Chair: Isabel Santos, Head of the Department of Family Medicine, NOVA Medical School, Portugal

Participants: Stefan Wilm - Germany; Janko Kersnik – Slovenia; Francesco Carelli – Italy; Jan Degryse – Belgium.



**9:00 – 10:30**

**Workshops**

**EURIPA WORKSHOP: Defining the extended-scope practitioner (ESP) for rural remote communities**

Jose Manuel Lopez-Abuin - Institute of Rural Health; Simek Agnes; John Wynn-Jones – Wales; Christos Lionis - Wonca Working Party on Research, University of Crete

**Workshop diabetic retinopathy screening**

Gemma Puig Ponsico - Institut catala de la Salut, Spain; Monica Torremorell Nuñez - Institut Catala de la Salut, Spain; Cristina Gallardo Sánchez - Institut Català de la Salut; Marta Albiol - Vilanova i la Geltru; Esther Díaz Salcedo - Institut Català de la Salut

**How to identify and promote good practices in primary care information technology**

Ilkka Kunnamo - Duodecim Medical Publications Ltd.; Tina Eriksson - DSAM; Peter Schattner - Monash University

**Narrative health as a tool for medical education**

João Sousa - USF Marginal, CS Cascais, Portugal; Inês Madeira - USF Marginal, Portugal; André Biscaia - USF Marginal, ACES Cascais, Portugal

**How to conciliate ethics and flexibility in general practice?**

Michel LEVEQUE – STRASBOURG, France; Jean-Claude Leners - ALA and CHNP, Erpeldange and Ettelbrück; Didier DU BOULAY – LOUVAIN; Michel KOPP – Strasbourg; Alain AUBREGE – Nancy

**Reemerging infections in the borders of Southern Europe and the role of General Practice**

Panos Andriopoulos - University of Peloponnese, Nursing School; Lambrini Tina - Department of Nursing, University of Peloponnesus; Maria Tsironi - Department of Nursing, University of Peloponnesus

**Dementia Management in Primary Care**

Leonor Troni - USF Rodrigues Migueis, Portugal; Vanessa Carvalho - USF Sobreda, Portugal; Nuno Monteiro - USF Locomotiva, Entroncamento, Portugal

**Asthma control and severity. What should the doctor do to support patients with difficult to control asthma. When to refer!**

Jim Reid; Miguel Roman-Rodriguez; Svein Hoegh Henrichsen; Jaime Correia de Sousa - USF Horizonte, Portugal; Ioanna Tsiligianni

**Defining Generalism in Family Medicine: A workshop for Young GPs**

Victor Ng - College of Family Physicians of Canada; Scott MacLean

**Applications of Motivational Interviewing in Hypertension Treatment**

Siggy Rausch - Steinsel; Nico Haas - Cents; Patrick TABOURING; Romain Stein - Centre Pénitenciaire, Luxembourg; Monique Aubart-Schuller - GP practice

**11:00 – 12:30**

**The Portuguese Healthcare System - Primary Health Care reform. A big challenge a great opportunity.**

Chair: Luis Pisco, ARS LVT, Portugal

Co chair: Job Metsmaker, President WONCA Europe

**11:00 – 12:30**

**Workshops**

**EURIPA-VdGM Workshop: How to develop leadership**

Raquel Gomez Bravo - SemFYC, Spain; Sara Rigon; Maija Kozlovska; Noreen Lineen Curtis; Liga Kozlovska; Sandra Gintere; Sara Belinchon Moyano - SAR Ciempozuelos; Tanja Pekez-Pavlisko; Jose M Lopez-Abuin; Paloma Rodríguez Turégano - C. S. Fuentelarreina; Belisa Tarazona Chocano - C. S. Barrio del Pilar

**Clinical evaluation of a patient with knee complaints in Primary Health Care**

Tatiana Consciência - USF Marginal - ACES Cascais, Portugal; Pedro Castelhanito - Hospital of Torres Vedras, Portugal; Vanda Estríbulo - USF Servir Saúde, Corroios, Portugal; Andreia Esteves - USF Marginal, Cascais, Portugal; Carlos Marques - Hospital of Cascais, Portugal

## **PRIMARY HEALTH CARE TRAINING ABOUT FAMILY AND GENDER VIOLENCE**

Lodewijk Pas - Belgium; HAGIT Dascal Weichendler - Department of Family Medicine, Clalit Health Services, Haifa and West Galilee District & Rappaport School of Medicine, Technion, Israel; M<sup>a</sup> Carmen Fernandez-Alonso - Gerencia Regional de Salud Castilla y Leon, Spain; Mateja Bulc; Omneya Ezzat - University Cairo, Egypt; Raquel Gomez Bravo - SemFYC, Spain; Nena Gucek - (University of Ljubljana, Slovenia; SARA BELINCHON - SAR Ciempozuelos, Madrid, Spain; Tanja Pekez-Pavlisko

## **Patient Empowerment in Chronic Condition Patient Self-Management**

Andrée Rochfort - Irish College of General Practitioners; Jochen Gensichen - University of Jena, Germany; Ilkka Kunnamo - Duodecim Medical Publications, Finland; Ernesto Mola - Lecce; Zlata Ozvacic Adzic - University of Zagreb, School of Medicine, "Andrija Stampar" School of Public Health, Department of Family Medicine; Isabelle DUPIE; Janecke Thesen - EQUIP, NKLM; Adrian Rohrbasser - santémed Health Care Centre; Ayse Caylan - Trakya University Medical Faculty Dept. of Family Medicine

## **Modifying the Novice Physician's Internal Metric for Success in Out-Patient Chronic Care Management with the Mico Patient Centered Medical Home Model**

Michol Polson - Cascades East Family Medicine Residency, Department of Family Medicine Oregon Health & Sciences University, Oregon, USA

## **Physical examination of the painful shoulder**

Joana Gois - USF Rodrigues Miguéis, Portugal; Ines Ventura - USF Rodrigues Miguéis, Portugal; Rita Silva - USF Rodrigues Miguéis, Portugal

## **The community oriented primary care concept and population health management: information management instruments at Portuguese PHC level**

José Luis Biscaia - Portugal; Tiago Vieira Pinto - Associação Nacional de Unidades de Saúde Familiar, Portugal; André Biscaia - USF Marginal - ACES Cascais, Portugal; Diederik Aarendonk - EFPC

**Strategies towards smoking cessation. How to maximize the opportunities for smoking cessation in primary care**

Jim Reid; Miguel Roman-Rodriguez; Svein Hoegh Henrichsen; Jaime Correia de Sousa - USF Horizonte, Portugal; Ioanna Tsiligianni

**The Medically Unfit Driver**

Bonnie Dobbs – University; David Moores - University of Alberta

**How we can heal venous leg ulcers in primary care**

Carlos Sánchez Fernández de la Vega - FINGOI CENTER, LUGO

**12:30 – 13:30**

**Keynote Lecture**

**Teach and learn around the world**

**Richard Roberts**

Professor and past head of the Department of Family Medicine at the University of Wisconsin School of Medicine & Public Health.  
Past President of the World Organization of Family Doctors (WONCA) and the American Academy of Family Physicians

**Closing Ceremony**