

Curriculum Vitae of Charilaos (Harris) Lygidakis

First Name	Charilaos	Surname	Lygidakis
Date of birth	7 October 1980	Birthplace	Kavala, Greece
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EDUCATION AND QUALIFICATIONS

2007 – 2010	Diploma of Formal Qualification in General Practice / Family Medicine Department of Health, Emilia-Romagna Region, Italy
2006 – 2007	Postgraduate Diploma (European Qualification Framework Level 7) in Alcohol-related Problems and Diseases Faculty of Medicine, University of Florence, Italy
1998 – 2005	Integrated Bachelor's and Master's Degree in Medicine and Surgery, and Licence to Medical Practice Faculty of Medicine, University of Bologna, Italy

WORKING EXPERIENCE

6/2016 – Present	Research Unit INSIDE, University of Luxembourg PhD Student
5/2015 – Present	AmongDoctors Co-founder, Chief Medical Officer
1/2011 – 5/2016	Regional Health Service of Emilia Romagna Locum family doctor
7/2015 – 1/2016	iheed Lead researcher for the project " <i>Improving health by using information and communications technology for innovative primary health care education</i> ".
1/2014 – 3/2014	Centre for Global Health of the School of Public Health, University of Aarhus Guest researcher on electronically-delivered patient-reported outcomes.

ORGANISATIONS

7/2015 – Present	WONCA (World Organization of Family Doctors) Europe Honorary Secretary
9/2014 – Present	ISfTeH (International Society for Telemedicine and eHealth) Social Media Working Group Leader
2/2013 – Present	IDFMP (International Development of Family Medicine in Palestine) Faculty member
10/2010 – Present	SITAB (Italian Society of Tobaccology) Member of the Scientific – Editorial board of the Tabaccologia journal
9/2011 – 7/2014	Vasco da Gama Movement Chair (7/2012 – 7/2014), Executive Board – Image and Exchange Liaison (9/2011 – 7/2012)

SELECTED PUBLICATIONS

1. Le Reste JY, Nabbe P, Lazic D, Assenova R, Lingner H, Czachowski S, Argyriadou S, Sowinska A, **Lygidakis C**, et al. How do general practitioners recognize the definition of multimorbidity? A European qualitative study. *Eur J Gen Pract.* 2016 May 27:1-10.

2. **Lygidakis C**, Wallace P, Tersar C, et al. Download Your Doctor: Implementation of a Digitally Mediated Personal Physician Presence to Enhance Patient Engagement With a Health-Promoting Internet Application. *JMIR Res Protoc*. 2016 Mar 4;5(1):e36.
3. Le Reste JY, Nabbe P, Lingner H, Kasuba Lazic D, Assenova R, Munoz M, Sowinska A, **Lygidakis C**, et al. What research agenda could be generated from the European General Practice Research Network concept of Multimorbidity in Family Practice? *BMC Fam Pract*. 2015 Sep 17;16(1):125.
4. Rigon S, **Lygidakis C**, Pettigrew L, Kallestrup P. International Exchanges in Family Medicine: the Hippocrates Exchange Programme. *Educ Prim Care*. 2015 Jul;26(4):282-4.
5. Le Reste JY, Nabbe P, Rivet C, **Lygidakis C**, et al. The European General Practice Research Network Presents the Translations of Its Comprehensive Definition of Multimorbidity in Family Medicine in Ten European Languages. *PLoS One*. 2015 Jan 21;10(1):e0115796.
6. Lazić ĐK, Le Reste JY, Murgić L, Petriček G, Katič M, Ožvačić-Adžić Z, Nekič VC, Nabbe P, Hasanagić M, Assenova R, **Lygidakis C**, et al. Say it in Croatian--Croatian translation of the EGPRN definition of multimorbidity using a Delphi consensus technique. *Coll Antropol*. 2014 Sep;38(3):1027-32.
7. Le Reste JY, Nabbe P, Manceau B, **Lygidakis C**, et al. The European General Practice Research Network Presents a Comprehensive Definition of Multimorbidity in Family Medicine and Long Term Care, Following a Systematic Review of Relevant Literature. *J Am Med Dir Assoc*. 2013 Feb 11. pii: S1525-8610(13)00002-9.
8. Struzzo P, Scafato E, McGregor R, Della Vedova R, Verbano L, **Lygidakis C**, et al. A randomised controlled non-inferiority trial of primary care-based facilitated access to an alcohol reduction website (EFAR-FVG): the study protocol. *BMJ Open* 2013;3:e002304
9. Le Reste JY, Nabbe P, **Lygidakis C**, et al. A Research Group from the European General Practice Research Network (EGPRN) Explores the Concept of Multimorbidity for Further Research into Long-Term Care. *J Am Med Dir Assoc*. 2012 Sep 4.
10. Zagà V, **Lygidakis C**, et al. Polonium & lung cancer. *J Oncol*. 2011;2011:860103. Epub 2011 Jun 23.
11. **Lygidakis C**, Rigon S, Cambiaso S, et al. A web-based versus paper questionnaire on alcohol and tobacco in adolescents. *Telemedicine and e-Health. Telemed J E Health*. 2010 Nov;16(9):925-30.
12. **Lygidakis C**, Argyriadou S, Lygera A. Is appropriate management of atrial fibrillation in primary care a utopia? *J Prim Care Community Health*. 2010 Apr 1;1(1):17-21.
13. Argyriadou S, Makridis D, **Lygidakis H**, et al. Knowledge and behaviour of tourists towards the sun, as studied in a region of northern Greece. *Rural Remote Health [Internet]*. 2005 Oct-Dec;5(4):367.

TEACHING EXPERIENCE

I have taught in various educational sessions in primary care contexts (family medicine residency programs, continuing medical education courses), focusing on family-medicine-related topics, clinical governance, evidence-based medicine, eHealth, ICT and social media. I have also worked in courses aiming at the capacity building of family medicine in the West Bank, and have employed methodologies from other industries and contexts, such as the *Design Thinking* for the needs of primary care.

PRESENTATIONS

For nearly 15 years, I have been participating in research, educational and advocacy working groups, and contributed to the preparation of 64 oral presentations, 18 workshops and 23 poster presentations in national and international primary care and ICT conferences (e.g. WONCA Europe, WONCA World, EGPRN, Stanford Medicine X, Medicine 2.0, Med-e-Tel, Health 2.0 etc.). The list of the presentation is available on request.

HONORARY MENTIONS

Awarded for the Thesis for the Diploma of Formal Qualification in General Practice in memory of Dr Claudio Carosino, 3rd Regional Congress SIMG Emilia Romagna – 3rd National Cardiovascular Congress SIMG: "*The integration of the Ankle Brachial Index in the screening of cognitive impairments in elderly with type 2 diabetes mellitus.*"